



LAYSA Return to Play Guidelines

Phase IV- Beginning September 13th

Lewiston Auburn Youth Soccer Association's (LAYSA) Return to Play Guidelines are designed in an effort to enable our players to reconnect with their friends, teammates and coaches and have some fun playing in a safe and healthy environment that promotes good habits. Implementing the LAYSA Return to Play Guidelines requires a cooperative relationship between LAYSA, Coach, Parent and Player.

LAYSA, Coaches, Parents and Players must adhere to the below responsibilities:

Club Responsibilities

- Abide by protocols issued by the CDC, State of Maine and the City of Auburn.
- Publish and distribute protocols to members before any training program.
- Train and educate all staff of protocols and requirements and see that such requirements are being followed.
- Be sensitive and accommodating to parents who may be uncomfortable with returning to play.
- Have a Plan of Action, including a communication plan, in place in case of a positive test by a player or adult leader.
- Be prepared to shut down and stop operations.
- Provide adequate outdoor field space for social distancing.
- Provide hand sanitizer for teams as a backup to player provided sanitizer.
- Ensure appropriate waste receptacles at fields.

Coach Responsibilities

- Follow all Return to Play protocols.
- Inquire how athletes are feeling. If they are not feeling well, send them home.
- Respect all players/parents/family feelings on return to play.
- Ensure all athletes have their individual equipment (ball, water, bag, shin guards, etc.).
- Coach is the only person to place/pickup/touch cones, discs or training equipment.
- Ensure drills/exercises provide for adequate social distancing.
- Ensure training vests/pinnies are disinfected after each use.
- Carry hand sanitizer with equipment.
- Respect players, parents and families by accommodating those that may not yet be comfortable returning.
- If you are not comfortable with returning to play, DON'T

Parent Responsibilities

- If you are not comfortable with returning to play, DON'T. You are the only one who will make the decision when your child returns to play.
- Limited or no carpooling.
- Supply your child with individual sanitizer at every training. This is a requirement.
- Ensure all clothing, equipment, cleats, ball, shin guards, etc. are washed and sanitized before and after every training.
- Ensure your child is healthy. Check your child's temperature before coming to ANY training session; and if you have a temperature of 100° or higher, do not let your child attend training session or game.
- Notify club immediately if your child becomes ill for any reason. This is a requirement.
- Ensure your child has water and water bottle is labeled.
- Please respect the state mandated 1 spectator (parent) per player.
- Stay in car or adhere to social distance requirements and wear a mask on the sidelines.
- Do no assist coach with equipment before or after training.

Player Responsibilities

- Adhere to all Return to Play protocols
- Wash hands thoroughly before and after training.
- Wear a mask to and from fields and on the bench.
- Bring hand sanitizer with you to every training and use it .,
- Do not touch or share anyone else's equipment, water bottle, snack or bag.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, no high 5's, hugs, handshakes, etc.

All participants should be prepared to shut down and cease all trainings, activities and/or games should the State of Maine change its guidelines to require stoppage.

We want our players, families and coaches to feel confident in returning to play. Anyone who is not ready to return to the fields should wait until they do feel ready, without penalty or repercussions.

LAYSA Return to Play Guidelines adhere to State and Local Health Requirements:

Maine CDC Guides: <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/index.shtml>

Maine Covid-19 Response: <https://www.maine.gov/covid19/restartingmaine>