

# McG United Soccer Academy 2019

Player Information Player's

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & Zip \_\_\_\_\_

Age: \_\_\_\_\_ M or F Grade: \_\_\_\_\_ (entering fall 2019)

Session: Youth (5 to 7 yrs.) \_\_\_\_\_ 9:00 AM-11: 30 AM

Intermediate (7 to 11 yrs.) \_\_\_\_\_ 9:00 AM- 2:00 PM

United Elite Training Program  
Entering 7<sup>th</sup>, 8<sup>th</sup> 9<sup>th</sup> and 10<sup>th</sup> grade  
\_\_\_\_\_ 9:00 AM-3:00 PM

T-Shirt Size: YS, YM, YL, AS, AM, AL, XL, XXL

Parent (s) Name: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Additional Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

By signing this permission and liability form, I release the director or the McG United Soccer Academy and its staff, all of the abovementioned families and their heirs from any liability of any injury or death to the applicant. I give permission to the academy to help my son, daughter or ward with aid in case of injury.

\_\_\_\_\_  
Parents Signature and Date

Make Checks payable to **McG United Soccer Academy**  
Mail to Mike McGraw  
21 Martha Ave.,

# McG United Soccer Academy 2019

New Location: in Lewiston, Me.

Dates: Monday July 22th through July 26th

The Philosophy of this academy revolves around skills, competition and game like conditions. Combine this with a staff that is dedicated to teaching the fundamentals of the game and providing a fun atmosphere, which promotes learning in an optimum environment. We believe teaching in a positive, supporting regimen is essential to a player's development and love of the world's game.

Players Tuition:

**Younger Players** (5-7 yr. old)  
9:00-11:30 AM

\$100.00 Registration Fee.  
\$75.00 if registered before July 1st.  
\$75.00 each for two (2) or more in one household.

**Older Players** (8-12 yr. old) (Some 7-yr. old approved)  
9:00 AM-2:00 PM

\$180.00 Registration Fee.  
\$160.00 if registered before July 1st.  
\$160.00 each for two (2) or more in one household.

## United Elite Training Program

**Open for players in the 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> grade  
players entering the Fall of 2018-19**

9:00 AM to 3:00 PM.

\$200.00 Registration fee.  
\$175.00 if registered before July 1<sup>st</sup>  
\$175.00 each for two (2) or more in one household.  
\$150.00 Five (5) or more players from one high school.  
All registrations must come in together.

# McG United Soccer Academy 2019

Past Staff Members:

**Abdi Shariff-Hassan:** National Soccer Coaches of America All American player from Lewiston High School. Selected Maine Player of the Year 2015. Also named Sun-Journal, Maine Sunday Telegram and Maine Gator Aide Player of the Year 2015.

**Ron Plourde:** Varsity Baseball Coach & former Assistant Coach at Skidmore College in Saratoga Springs, NY and former player for St. Joseph's College.

**Kevin Bennett:** All Conference-All State and former USM varsity player and Nevada City High School Varsity coach.

**Abdibaari Hersi:** All Conference and All State from Lewiston High School. Attending American International College.

Also:

**Dave Morin**  
**Bill Desmaris**  
**Ali Hersi**  
**Hussein Carnegie**  
**Moe Khalid**  
**Joe Kalilwa**  
**Adelle Kalilwa**  
**Enock Citenga**

**Laura Martel**  
**Hanna Smith**  
**Maulid Abdow**  
**Liv Bergeron**  
**Austin Wing**  
**Ben Bowles**  
**Bilal Hersi**  
**Kory Norcross**

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## United Soccer Academy 2019

### Daily Planner

- 8:30-9:00 Registration (Monday only)
- 9:00 Roll Call and announcements
- 9:10 Team warm-ups and skill work
- 9:30 Demonstrations and Clinic
- 10:00 Small sided skill games of the day
- 10:30 Mid morning snack break
- 10:45 Small sided games
- 11:15 Daily skills contests
- 11:30 Lunch. Younger players dismissed
- 12:00 Demonstration & Clinic
- 12:45 Games and tactical play
  - 1:15 Full sided games featuring invited guests.
  - 1:50 Warm down and Meeting with coaches
- 2:00 Non-Elite Training Players dismissed.
- 3:00 Elite Training Players dismissed



### What to bring

Players must bring a mid morning snack. All day players must bring a lunch. All players need to wear a shirt, shorts, shin pads for protection, socks and soccer foot wear and bring a well marked ball. Younger players may use a size 4-ball. Older players use a size 5. Players should store their equipment in an athletic gear bag. Players will need to bring a Water bottle. Water will be available on site. Other recommended items are sun block (highly recommended), a poncho and a change of socks, sneakers, shirt and shorts.

***Academy sessions do not get cancelled due to Rain. Coaches will remain with any players who attend. If a storm arises players will be housed in the (new location) until it is over or parents pick up the players.***

Mike McGraw  
McG United Soccer Academy  
21 Martha Ave.  
Lewiston, ME 04240

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## United Soccer Academy 2019

*The United Soccer Academy has traditionally been one of the best teaching schools in central and southern Maine. This year the program has been ramped up and adjusted to make it a better experience.*

*Coach Eric Wagner will be the featured presenter for the morning and afternoon clinical demonstrations.*

**Mike McGraw** has been the varsity boy's soccer coach for Lewiston High School for 44 years. He has been named SMAA and KVAC soccer coach of the year numerous times. He was the Maine Soccer Coaches of the Year 4 times including 2015 and 2017. Both those years he was named Region 1 (New England) Coach Of The Year for the United Soccer Coaches of America. His teams have been nationally ranked (# 17 in 2015 & # 23 in 2018) and have been the topic of one documentary and several books.

**Butch Dow**, Goal Keeper specialist, brings a wealth of experience, inspiration and motivation to all those who wish to excel in this position. This is especially for those players at the high school level. Contact Coach Dow for the specially designed keepers program brochure at on his Facebook page.

**Eric Wagner**, Swarthmore College of Swarthmore, PA Men's Soccer coach is known for his ability to build successful college program. Coach Wagner is an excellent teacher of the game. This spring he will have spend the semester in England with some professional clubs perfecting his craft.

**Dan Gish**: Long time Lewiston boy's assistant varsity soccer coach, Maine Physical Education Teacher of the year for 2018, and specializing in defense. He has been a LAYSA coach for both boys and girls teams. Played for Limestone High School and the University of Farmington.

**Abdijabar Hersi**: Assistant coach with the Lewiston varsity specializing in skills and attacking play. Played for Lewiston High School and Husson University. Coaches youth players with Seacoast and Phoenix clubs

**Don Plourde** is an enthusiastic, charismatic dynamo of a coach. He excels with young players.