

**McG  
United Soccer Academy  
2021**

Daily Planner

8:30-9:00 Registration (Monday only)  
9:00 Roll Call and announcements  
9:10 Team warm-ups and skill work  
9:30 Demonstrations and clinic  
10:00 Small sided skill games of the day  
10:30 Mid-morning snack break  
10:45 Small sided games  
11:15 Daily skills contests  
11:30 Lunch. Younger players dismissed  
12:00 Demonstration and clinic  
12:45 Games and tactical play  
1:15 Full sided games featuring invited guests  
1:50 Warm down and meeting with coaches  
2:00 Non-Elite training players dismissed  
3:00 Elite training players dismissed

**What to bring**

Players must bring a mid-morning snack. All day players must bring a lunch. All players need to wear a shirt, shorts, shin pads for protection, socks and soccer footwear and bring a well-marked ball. Younger players may use a size 4-ball. Older players use a size 5.

Players should store their equipment in an athletic gear bag. Players will need to bring a water bottle. Water will be available on site. Other recommended items are sun block (highly recommended), a poncho and a change of socks, sneakers, shirt and shorts

*Academy sessions do not get cancelled due to rain. Coaches will remain with any players who attend. If a storm arises, players will be housed in the nearby school until it is over or parents arrive.*

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Past Staff Members:

**Abdi Shariff-Hassan:** National Soccer Coaches of America All American player from Lewiston High School. Selected Maine Player of the Year 2015. Also named Sun-Journal, Maine Sunday Telegram and Maine Gatorade Player of the Year 2015.

**Bilal Hersi:** 2018 & 2019 United Soccer Coaches All American from Lewiston High School. 2018 & 2019 Maine Soccer Coaches Player of the year 2019. Sun-Journal player of the year 2018 & 2019.

**Ron Plourde:** Varsity Baseball Coach & former Assistant Coach at Skidmore College in Saratoga Springs, NY and former player for St. Joseph's College.

**Dave Morin:** Long time Edward Little coach. Coach Morin started the Edward Little Boys Soccer program.

**Laura Martel:** Lewiston High School All-State player for four years, UMO standout four years running. Played semiprofessionally in Massachusetts.

**Elite Academy Coaches**

Dan Gish and Abdijabar Hersi are two amazing coaches. They have been assistant coaches for Lewiston High School. Today Coach Gish is the new varsity coach for the Devils and Abdijabar is the varsity coach at Central Maine Community College in Auburn, ME. While both were at Lewiston High School, they were integral parts of six Northern Maine Finals in the last seven years winning five. Of those five, they have won three Maine State Championships.

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*The United Soccer Academy has traditionally been one of the best teaching schools in central and southern Maine. This year the program has been ramped up and adjusted to make it a better experience.*

*Coach Eric Wagner will be the featured presenter for the morning and afternoon clinical demonstrations.*

Councilors are seasoned veteran varsity high school and college players.

**Warsame Ali  
Bill Desmaris  
Ali Hersi  
Hussein Carnegie  
Moe Khalid  
Joe Kalilwa  
Adelle Kalilwa  
Enock Citenga  
Warsame Ali  
Maddie Roy**

**Megan St. Cyr  
Hanna Smith  
Maulid Abdow  
Liv Bergeron  
Austin Wing  
Ben Bowles  
Abdibaari Hersi  
Kory Norcross  
Christian Belleveau  
Abbie Langelier**

*McG US Academy Scholarship  
A tuition scholarship will be awarded to a Lewiston and an Auburn student who will show financial need, be of good character and in good standing academically at his or her school.*

*To apply send a less than one page letter with the above information and the student's teacher or principal's signature for verification to:*

*McG United Soccer Academy  
Scholarship Foundation  
156 East Ave,  
Lewiston, ME 04240*



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Player's Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & Zip \_\_\_\_\_

Age: \_\_\_\_\_ M or F

Session: Youth (5 to 7 yrs.) \_\_\_\_\_ 9:00 AM-11: 30 AM

Intermediate (7 to 11 yrs.) \_\_\_\_\_ 9:00 AM- 2:00 PM

United Elite Training Program  
Entering grades 7 through 11

\_\_\_\_\_ 9:00 AM-3:00 PM

T-Shirt Size: YS, YM, YL, AS, AM, AL, XL, XXL

Parent (s) Name: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Additional Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

By signing this permission and liability form, I release the director or the McG United Soccer Academy and its staff, all of the above-mentioned families and their heirs from any liability of any injury or death to the applicant. I give permission to the academy to help my son, daughter or ward with aid in case of injury.

\_\_\_\_\_  
Parents Signature and Date

Make Checks payable to **McG United Soccer Academy**  
Mail To:  
Mike McGraw  
21 Martha Avenue  
Lewiston, ME 04240

**McG  
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Location: Lewiston-Auburn Youth Soccer  
Association Fields behind Auburn Middle  
School on Falcon Dive, Auburn, ME 04210

Dates: Monday July 26th through July 30th

The Philosophy of this academy revolves around skills, competition and game like conditions. Combine this with a staff that is dedicated to teaching the fundamentals of the game and providing a fun atmosphere, which promotes learning in an optimum environment. We believe teaching in a positive, supporting regimen is essential to a player's development and love of the world's game.

Players Tuition:

**Younger Players** (5-7 yr. olds)  
9:00-11:30 AM

\$100.00 Registration fee.  
\$85.00 if registered before July 1st  
\$85.00 each for two (2) or more in one household  
\$75.00 if registered before May 1st

**Older Players** (some 7 yr. olds approved) 8-12 yr. olds)  
9:00 AM-2:00 PM

\$190.00 Registration fee  
\$175.00 if registered before July 1st  
\$175.00 each for two (2) or more in one household  
\$160.00 if registered before May 1st

**United Elite Training Program**

**Open for players in grades 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> 10<sup>th</sup> and 11<sup>th</sup>  
entering the Fall of 2021-2022**

9:00 AM to 3:00 PM.

\$200.00 Registration fee  
\$180.00 if registered before July 1st  
\$180.00 each for two (2) or more in one household  
\$165.00 if registered before May 1st

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Mike McGraw has been the varsity boys' soccer coach for Lewiston High School for 44 years. He has been named SMAA and KVAC soccer coach of the year numerous times. He was the Maine Soccer Coaches of the Year 4 times including 2015 and 2017. Both those years he was named Region 1 (New England) Coach of The Year for the United Soccer Coaches of America. His teams have been nationally ranked (# 17 in 2015 & # 23 in 2018) and have been the topic of one documentary and several books.

**Butch Dow, Goalkeeper specialist, brings a wealth of experience, inspiration and motivation to all those who wish to excel in this position. This is especially for those players at the high school level. Contact Coach Dow for the specially designed keepers program brochure at on his Facebook page.**

**Eric Wagner, Swarthmore College of Swarthmore, PA Men's Soccer coach is known for his ability to build successful college program. Coach Wagner is an excellent teacher of the game. This spring he will have spent the semester in England with some professional clubs perfecting his craft.**

**Dan Gish: Long time Lewiston boys' assistant varsity soccer coach, who is today the boys' varsity coach at Lewiston High School. Maine Physical Education Teacher of the year for 2018 and specializing in defense. He has been a LAYSA coach for both boy's and girl's teams. Played for Limestone High School and the University of Farmington.**

**Abdijabar Hersi: Assistant coach with the Lewiston varsity specializing in skills and attacking play. He is the newly appointed head coach at Central Maine Community College. Played for Lewiston High School and Husson University. Coaches' youth players with Seacoast and Phoenix clubs**

**Don Plourde is an enthusiastic, charismatic dynamo of a coach. He excels with young players.**

**Chris Albert returns as Academy Director. His Specialty is leadership and skill development.**